



Gym Schedule

White Bear Area YMCA | Aug 22 - Sept 8

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym	5:00am-6:30am 9:00am - 10:00am 11:30am-1pm 2:00pm-3:00pm 8:30pm-10:00pm FULL GYM 4:30pm-8:30pm HALF GYM	9:00am -10:00am 5:00pm-10:00pm FULL GYM	5:00am-6:30am 9:00am - 10:00am 11:30am-1pm 2:00pm-3:00pm 9:00pm-10:00pm FULL GYM	5:00am-6:30am 9:00am -10:00am 5:00pm-10:00pm FULL GYM	5:00am - 6:30am 9:00am - 10:00am 8:00pm-9:00pm FULL GYM 5:00pm-8:00pm HALF GYM	12pm- 4:00pm FULL GYM 4:00pm- 8:00pm HALF GYM	6:00am - 8:00pm FULL GYM
Family Open Gym					5:00pm-8:00pm HALF GYM	4:00pm-8:00pm HALF GYM	
ForeverWell	5:00am-5:45am 10:00am - 10:45am 10:45am - 11:30am 1:00pm -1:45pm FULL GYM	5:00am-6:00am 10:00am - 10:45am 10:45am - 11:30am FULL GYM	10:00am - 10:45am 10:45am - 11:30am 1:00pm -1:45pm FULL GYM	10:00am - 10:45am 10:45am - 11:30am FULL GYM	10:00am - 10:45am 10:45am - 11:30am FULL GYM	9:30am - 10:15am HALF GYM	
Pickeball		12:00pm - 3:00pm FULL GYM		12:00pm - 3:00pm FULL GYM	12:00pm - 3:00pm FULL GYM		
Sports Programs	4:30-8:30pm HALF GYM		4:30pm-9:00pm FULL GYM			9am - 12pm HALF GYM	
YMCA Summer Power	6:30am-9:00am 3:00-5:00pm FULL GYM	6:30am-9:00am 3:00pm-5:00pm FULL GYM	6:30am-9:00am 3:00pm-5:00pm FULL GYM	6:30am-9:00am 3:00pm-5:00pm FULL GYM	6:30am-9:00am 3:00pm-5:00pm FULL GYM	Possible Party reservations - call member services to check availability	

**Schedule subject to change due to reservations or tournaments. Please call Member Services at 651-777-8103 for the up to date schedule.*