

Gym Schedule RIDGEDALE | MARCH 18 - MARCH 24

J. J	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Open Gym	5:00am - 9:45am 4:10pm - 5:50pm 6:45pm - 10:00pm FULL GYM	5:00am -9:00am 2:00pm - 4:25pm 7:30pm -10:00pm FULL GYM 1:00pm - 2:00pm 4:30pm - 7:30pm HALF GYM	5:00am - 9:45am 4:10pm - 4:55pm 7:00pm - 10:00pm <i>FULL GYM</i> 5:00pm - 7:00pm <i>HALF GYM</i>	5:00am - 10:10am 11:10am - 12:00pm 3:10pm - 5:55pm 8:00pm - 10:00pm <i>FULL GYM</i>	5:00am - 9:45am 4:25pm - 9:00pm <i>FULL GYM</i>	6:00am - 9:00am 1:20pm - 8:00pm FULL GYM 10:00am - 11:10am HALF GYM	6:00am - 8:15am 10:35am - 8:00pm <i>FULL GYM</i>
Basketball ADULT PICK-UP	11:00am - 2:00pm FULL GYM		11:00am - 2:00pm FULL GYM		11:00am - 1:15pm FULL GYM		
Pickleball	2:00pm - 4:00pm FULL GYM	11:10am - 1:00pm FULL GYM	2:00pm - 4:00pm FULL GYM	12:00pm - 3:00pm FULL GYM	2:15pm - 4:15pm FULL GYM		8:30am - 10:30am FULL GYM
TEEN ZONE							

^{*}Subject to change. Last Update 3/20/2019

^{**} During non open gym time there are Y programs taking place